

St. Francis Hospital- Diabetes Treatment East Medical Office Building

NOTE: Please fax any additional lab/history information that would be helpful to our educators.

Patient's Name _____ Home/Cell# _____ Work# _____

Address: _____

DOB _____ M / F Insurance _____ SS# _____

➤ **Diagnosis:** _____

Blood Glucose Results: _____ HgbA1c _____

Diabetes Services

Diabetes Comprehensive Class

- Designed for newly diagnosed or poorly controlled patients, or those that need comprehensive overview
- Covers pathophysiology, nutrition / dietary management, blood glucose monitoring, oral medications, insulin administration, exercise, and complication prevention.
- 1 hour of individual assessment & 5 hours of class instruction
- Patient will be scheduled to attend Refresher Class for follow up

Diabetes Refresher Class

- Designed for diabetic patients who have had previous DM education with need for follow up
- Focus is on carb counting, glucose monitoring, and individual needs of the patients
- 2 hour group session
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Gestational Diabetes Class (_____ weeks)

- 2 hour class offered twice monthly
- Ht: _____ / Wt: _____ / Pre Pregnancy Wt: _____

Nutrition Counseling

(MUST specify)

This is a 1:1 session with dietitian

Overweight / Obesity / Pre-DM

Renal disease (non-dialysis)

Hyperlipidemia

Other: _____

DM (patient inappropriate for group class) _____

➤ Physician's Signature _____ Date _____

Please PRINT or Stamp Physician's name _____